

DoD Ergonomics Working Group NEWS



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CAP's Healthy Work Practices Program— Making an Ergonomic Difference

Changes in technology and the information environment present new challenges and opportunities for individuals with disabilities. The Department of Defense (DoD) established the Computer/Electronic Accommodations Program (CAP) to provide assistive technology to ensure people with disabilities have equal access to the computer and telecommunications environments.

As work-related injuries continue to disable employees and decrease productivity, CAP has responded by aligning with DoD and Federal programs to offer prevention information and accommodation services. CAP's Healthy Work Practices Program (HWPP) encourages preventative measures for a healthy workplace, support of Telework participants, and retention of people with disabilities such as Workers' Compensation claimants by providing assistive technology and services to ensure productivity. Via educational workshops, information dissemination, and accommodations for employees with dexterity disabilities, CAP's proactive approach to disability management offers employers assistance in addressing this growing health concern.

- **For individuals with preventative measures,** CAP provides ergonomic evaluations and *The CAP Workplace Ergonomics Reference Guide*.
- **For persons with dexterity disabilities,** CAP provides alternative keyboards, pointing devices, keyboard trays, keyguards, wrist rests, and word prediction software and speech recognition software.
- **For DoD Workers' Compensation claimants** with a Department of Labor Acceptance Letter for neck, back, or other severe disabilities, CAP will also provide Ergonomic chairs.
- **For a Telework participant who has a disability** and a formal agreement with their agency, CAP will provide assistive technology and computer equipment, including a personal computer, printer and/or fax machine.



The HWPP is committed to promoting prevention and reducing the impact work-related injuries have on productivity.

**Contact the CAP Office at 703- 681-8813 (V) or 703-681-0881 (TTY) for more information.
Additional information is also available on CAP's Web site at www.tricare.osd.mil/cap.**